President’s Message
At the beginning of this 2017-2019 term, I stressed the importance of communication and our Newsletter is.....

Secretary General’s Message
We are slowly approaching the end of the term of the present council. Its time to.....

AOFOG Congress 2019

iCOE Programmes

Laos

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Future Events
President’s Message....

Dear Friends

At the beginning of this 2017-2019 term, I stressed the importance of communication and our Newsletter is the umbilical cord that connects the Executive Board/Council with all our National Society members. We have succeeded in producing and disseminating our quarterly Newsletters on time and the current issue represents the 7th in the series. This will also be the last Newsletter that I will pen as your President.

During our tenure, we have managed to set up a new Secretariat in Colombo and now have in place SOPs that will enable our organisation to function with greater efficiency in the coming years. A new, improved and more responsive website was developed and launched in May 2018 and this has grown from strength to strength. We have also endeavoured to increase AOFOG activities in our member countries especially among the Low and Middle Income Countries and I daresay, we have achieved some measure of success in this area. In the final analysis, the groundwork has been laid and future Councils will now need to build on this and strive to elevate AOFOG to even greater heights.

Our AOFOG Congress in Manila will be upon us in a mere 6 weeks! To date, we have just under 4000 registrants and if you have not joined the party yet, please do so ASAP as this promises to be an excellent academic and social event.

This Congress will also mark the end of my tenure as AOFOG President. As I reflect on the past 2 years, it has been a challenging but interesting journey with many twists and turns. In cricketing parlance, we had a steady innings with some “sixes” but thankfully no “ducks”!! For this, I extend my gratitude to the members of the Executive Board and Council for their contribution and unstinting support. But most of all, I would like to thank all our member National Societies for giving me this honour of leading an incredible organisation; an honour that I will cherish for the rest of my life!

See you in Manila!

Warm regards

Ravi Chandran
Secretary General’s Message.....

We are slowly approaching the end of the term of the present council. Its time to reflect back to remind ourselves about what we were able to achieve during the past two years. Everyone could be happy that we were able to do many activities as well as participate in the Annual conferences of many member societies during this period. This brought AOFOG closer to our members and increased their enthusiasm about AOFOG activities. This is well shown by the number of delegates who have registered for the grand Finale ‘AOFOG’ 2019 in Manila. Number is already closer to the 4,000 mark. I am certain others will not miss the opportunity by registering in the coming few weeks.

We were able to have a few more activities during the past three months.

Annual Conference of the AICC RCOG was held in Kolkata between the 5th and 8th of September 2019. AOFOG was invited to participate in this conference which was also attended by many other organisations. We are thankful to Dr. Bhaskar Pal the organizing Chairman & Dr. Basaab Mukharjee the Organising secretory for inviting AOFOG and congratulate them for organizing a very successful congress.

PIT POGI 2019 (Pertemuan Ilmiah Tahunan Perkumpulan Obstetri-Ginekologi Indonesia 2019) – This Annual Scientific Meeting of the Indonesian Society was held in Surabaya, Indonesia this year from the 4th to 6th of July. AOFOG conducted a session on the Issue of “Rising Cesarean sections” which was greatly appreciated by the audience; I wish to thank the organisers Dr. Andon Hestiantoro, Prof. Budi Wiweko, Dr. Ari Kusuma & Dr. Ernawati Darmawan in particular for their hard work.

AOFOG in Pacific Islands - We were successful in having a programme in the Pacific Islands after many years at the 13th regional Workshop & Scientific Meeting of Pacific Societies of Reproductive Health held from 6th to 11th July 2019 in Papua New Guinea. It was organised by the PNG society. All the Pacific countries were represented, as well as UNFPA and WHO The conference had over 300 delegates a mixture of midwives, public health personal, and Obstetricians and Gynaecologists.

The AOFOG session was held under the theme, “Gender inequity, including Gender Based Violence and its effect on Reproductive Health”. Lectures were delivered by Dr. John Tait, Dr. Shanti Raman, Dr. Mary Balupa and Dr. Lorna Rolls.

I am thankful to Dr. John Tait, Executive Board Member and the Officers of the PNG society for making it possible and our hope is to conduct more activities in the Pacific Islands in the future.

Mumbai Conference.
AOFOG - BSRM - FOCSI (Infertility Committee) - MOGS Update Course on Evidence-Based Infertility Care. Was held on the - 12th and 13th September at the S P Jain Auditorium Bombay Hospital. This was followed by the Gynaecology and Infertility Chronicles conference on the 14th and 15th of September at the Taj Palace and Towers, Colaba, Mumbai. Read more...
ICOE programmes.

We were able to have two more programmes one in Laos and the other in Cambodia during the last 3 months. These programmes are gaining popularity and are much in demand and have been of great help to the participants. The Pre & Post programme tests clearly show that the delegates have learnt much from the programmes. So AOFOG & OGSM has decided to continue this collaboration till 2021.

Grand Finale will be the AOFOG 2019 congress which will be held in Manila from the 11th – 16th of November 2019. A record number of delegates exceeding 3500 have already registered to attend. I am sure everyone will join this memorable event without delay. Kindly visit the AOFOG 2019 website.

Looking forward to seeing everyone in Manila,

Rohana Haththotuwa.

AOFOG at AICC RCOG 2009 at Kolkata

The Global Fraternity of Obs & Gyn were witness to a grand event when the Annual Conference of the AICC RCOG unfolded in Kolkata between the 5th and 8th of September 2019.

The total delegate strength was close to 1300 with more than 50 invited international faculty. On the first day there were masterclasses on CTG, Obstetric Skills, Urogynaecology, Fetal Medicine and Infertility with Reproductive Endocrinology. The following two days involved a wide variety of scientific deliberations including orations, plenary lectures, absorbing symposiums and engaging panel discussions. There were interspersed by a cultural-clad inauguration ceremony, RCOG member and fellow admission ceremony and several social functions. On the 8th September, post congress hands-on workshops were held on Imaging, Perineal Tear Repair, Laparoscopic Suturing and Colposcopy.

There was considerable participation of office bearers of AOFOG in the academic event. AOFOG President Dr. Ravi Chandran delivered a plenary lecture on ‘Obesity in Pregnancy’. The Secretary General Dr. Rohana Haththotuwa had a keynote lecture on ‘Acute Management of AUB’ and chaired a symposium held in collaboration with Organisation Gestosis. The Deputy Secretary General Dr. Jaydeep Tank spoke on ‘Making Abortion Safer’ in a guest lecture session. Several of the members of different AOFOG committees were also part of the faculty for the event.
PIT POGI 2009 in collaboration with AOFOG

PIT POGI 2019 (Pertemuan Ilmiah Tahunan Perkumpulan Obstetriks-Gynaecology Indonesia 2019) also known as ISOG’s Annual Scientific Meeting was held in Surabaya, Indonesia this year. The meeting started on July, 4th to July, 6th 2019 with 17 pre-PIT workshops spread in some hotels around Surabaya and followed by Symposium started from July 8th to July 10th 2019.

The new innovation that the committee tried to provide for 3500 participants (consist of OB and GP) is AOFOG Session. AOFOG Session is a symposium which held simultaneously with 3 other symposiums in another ballroom. Around 750 participants were attending AOFOG Session enthusiastically, with the topic “Preventing Primary Caesarean Section and VBAC optimalization”. The reason why we choose this topic is the high prevalence of placenta accreta which leads to the high number of maternal mortality in Indonesia, and as we all know Caesarean Section is one of the risk factors. Besides that, we would like to learn from other countries on how to provide Obstetric and Gynecologic care optimally in Universal Health Coverage Era.

Much appreciation was given from the participants for Ravi Chandran, MD from Malaysia, Rohana Hathhotuwa, MD from Sri Lanka, Prof. Gus Dekker, MD, PhD. from Australia and Dr. Andon Hestiantoro, dr., Sp.OG(K) from Indonesia whom are kindly sparing their time from their busy schedule to come to Surabaya and gave a lecture. We hope that this collaboration won’t stop here and will be continued for next ISOG’s Annual Meeting to learn on how other countries dealing with some topics/problems which booming in Indonesia.

Mumbai Conference

The AOFOG - BSRM - FOGSI (Infertility Committee) - MOGS Update Course on Evidence - Based Infertility Care was held on the 12th and 13th September 2019 at the S P Jain Auditorium, Bombay Hospital and The Gynecology and Infertility Chronicles 2019 (GIC - 2019) was held on the 14th and 15th September 2019 at the Taj Mahal Palace and Towers, Colaba, Mumbai.

The event was hosted by the Mumbai Obstetrics and Gynecological Society (MOGS) in association with the Asia Oceania Federation of Obstetrics and Gynecology (AOFOG), The Belgian Society of Reproductive Medicine (BSRM) and nine committees of the Federation of Obstetric and Gynecological Societies of India (FOGSI).
The events saw the presence of 11 international and over 120 national faculty. The Update Course saw over 140 registrations and the Conference saw over 500 registrations. There were 2 orations, 8 Plenary Keynotes, 16 pecha kucha talks, eight panel discussions, and over 30 invited lectures, in the conference.

Some organisational highlights which were found to be useful were as follows.

The program was run with punctuality and all the faculty members were extremely cooperative in keeping to the time allotted. There were no name-tags or badges. Delegate identification was by QR codes sent to each delegate by WhatsApp or by a link. This saved printing, distribution hassles and time. The faculty gifts were environmentally positive. A plant pot made of environmentally friendly material (coir) with seeds was chosen as it represented the nurturing aspects of our profession. The conference bags were sourced from a social marketing organisation which engages with women to support local women entrepreneurs. The inauguration and valedictory functions were simple and kept minimalistic taking care to include all the mandatory aspects and felicitations. They were conducted crisply. Some new concepts such as the Friendship Bench and #NoFilter were introduced.

**ICOE Programme - Laos**

The ICOE was the fifth for Laos and coincided with the end of the MOU, was held from 30th August to 2nd September 2019. The opening was attended by Dr. Alongkone and Prof. Thuy (VP of LAOG and Director of Hospital). The observer was Robyn from the Clinton Health Access Initiative. The venue was the Mother and child hospital. There were 15 Laos trainers and 27 participants. The OGSM team was represented by Tang, Sim and Gunasegaran with Baskeran as the admin. AOFOG was represented by the President Dr. Ravi Chandran.

The OGSM donated 2 Adam Rouilly training equipment to the LAOG.
The course was completed with no problems and the participants were overall very satisfied with the learning objectives. The trainers are enthusiastic and most of them are capable to train. Leadership skills and the situational awareness qualities from the Laos trainers could be improved for the future. The participants bought and used the ICOE handbook as their resource material and gave a positive feedback on the quality and content.

The MOU has ended and the OGSM has proposed to transfer the trainers’ manual to LAOG to be copied and printed. As an understanding the LAOG should conduct the ICOE at least twice in a year with their own trainers with OGSM sending at least 2 trainers for supervision and quality assessment. There should be a dedicated person who is in charge and more importantly for data management.

**ICOE Programme - Cambodia**

The Intensive Course in Obstetric Emergencies (ICOE) was carried out in Phnom Penh, Cambodia (07th – 09th June 2019) and was jointly organised by the Cambodian Society of Gynecology and Obstetrics (SCGO), Obstetrical & Gynaecological Society of Malaysia (OGSM) and supported by the Asia & Oceania Federation of Obstetrics & Gynaecology (AOFOG). It was a seventh course in Cambodia from August 2016 - June 2019. The Faculty from OGSM included Dr. Gunasegaran P.T. Rajan, Dr. Khoo Kong Beng, Dr. Hii Ling Yien and Mr. Baskeran Bala Krishnan as the admin. AOFOG was represented by the Prof. Pisake Lumbiganon (Thailand).

The ICOE program started 07.6.2019 @ 2pm with the pre-course knowledge and skills assessment. This was followed by a welcome address by OGSM, AOFOG and SCOG. The opening was attended by Prof. Pech Sothy, Team leader ICOE Cambodia, Prof. Koum Kanal, President of SCOG, Prof. Pisake Lumbiganon, AOFOG Representative and Dr. Gunasegaran, ICOE Director.

In attendance, were 20 enthusiastic participants from various parts of the Cambodia. They were made up of relatively young Obstetricians and Gynaecologists. In the opening speech, by Prof. Koum welcomed both trainers and participants. Dr. Guna in his opening comments stated that funding for regional ICOE training is primarily by OGSM and AOFOG. The grant is limited thus it is important that the local chapter of ICOE training to work towards obtaining their own training equipment and become independent.

The meeting was fruitful as Prof. Pisake Lumbiganon gave an overview of the course and he expressed his full support for the ICOE. He was briefed on the importance of the course going forward in the future.
The feedback was very good and all expressed that this program was very useful to their daily clinical practice. The main takeaways for the participants were to work as a team when managing an emergency and to have a system of communicating within and beyond the hospital setting. By the end of the second day, there was a sincere request to return to conduct the course and many of the participants expressed their gratitude during the certificate giving ceremony. All trainers from OGSM and SOGC were helpful and efficient.

Future Events

1. **63rd AICOG 2020, Lucknow**
   63rd All India Congress in Obstetrics & Gynaecology, 29th Jan – 2nd Feb 2020, at the Manyavar Shri Kanshiram Sanskritik Sthal, SMRITI UPAVAN, Lucknow, India.
   Theme: ‘We Pledge for Women’s Health’.
   Visit- [www.aicog2020lucknow.in](http://www.aicog2020lucknow.in)

2. **59th Annual Congress of Taiwan Association of Obstetrics & Gynecology (TAOG)**
   February 22nd (Sat)-23rd (Sun), 2020 at Taipei International Convention Center in Taipei.

3. **The 72nd Annual Congress of the Japan Society of Obstetrics and Gynecology.**
   Thursday, April 23 to Sunday, April 26, 2020, at the Tokyo International Forum. Tokyo, Japan.
AOFOG 2019 Congress in Manila
A commitment of POGS delivered

By Christi S. Padolina, MD
Congress President

AOFOG Organizing Committee 2019
Plenary Speakers

Prof. Nerval E. Hablar
President, Philippines Obstetric, Gynecological & Neonatal Society (POGNS)

Prof. Ditas Decena
AOFOG Secretary General

Prof. Ira Chua
Chairman, International Federation of Obstetrics and Gynecology (FIGO)

Prof. Reiner S. Rama, MD
AOFOG President

Prof. Carlos E. Rueda
AOFOG President-Elect

Important Dates to Remember

Nov. 10 0800 – 1000 Sunday POGS Sports Activities
1300 – 1700 Registration/Counter Opens
1500 – 1900 POGS Opening Ceremonies

Nov. 11 0800 – 1600 Monday PCC Meeting Rooms
1300 Pre-Congress Opening of Exhibits

Nov. 12 0800 – 1130 Tuesday PCC Marion Hall
1130 – 1300 Annual Business Meeting
1330 – 1630 PCC Pre-Congress Opening Ceremonies
1830 – 2000 Fellowship Night

Nov. 13 0700 – 1400 Wednesday PCC Pre-Congress Opening Ceremonies
1800 – 2000 PCC Banquet Hall

Nov. 14 1300 – 1330 Thursday PCC Marion Hall
1500 PCC Meeting Rooms

The highlights of the AOFOG 2019 Congress shall include, among others, the AOFOG President’s Lecture, Dr. Ravi Chandran (Malaysia), Chien- Tien Hsu Memorial Lecture, Prof. Nevill O. Hacker (Australia), Malaysia Lecture, Prof. Hayaward L. Brown (USA), RCDS President Lecture, Prof. Lesley Regan (United Kingdom), FIGO President Lecture, Prof. Carlos Eduardo Fuchtmann (Belgica), ACOG President Lecture, Prof. Eva Chulas (USA) & the Shun Rattan Memorial Oration, Prof. Walfrido W. Sampaio (Philippines).

Pre-Congress Courses/Workshops, sponsored by different Sub-specialty Societies with international Faculty shall likewise be featured.

Join us in this pursuit of “Strengthening the Road to Women’s Health: Reaching New Heights” at the AOFOG 2019 Congress this November 10-14, 2019 to be held at the PICC, Manila.

From Dr. Julietta Gerner, Chair, Sub-committee on Abstracts, we have the following important dates:

Notification of acceptance for presentation: 15 September 2019.
Deadline for registration of abstract presenters: 30 September 2019.

Committee on Social Chair: Dr. Marilene Javier

An invitation, we have prepared a visually moving and exciting social event for all our delegates: the FESTIVAL OF FESTIVALS. The World class performer EL GAMIYA PENUMBA will open up the show. This will give the way for our POGS members to showcase our talents in recreating spirited songs, dances and elaborate costumes the grandest and most vibrant festivals of the Filipinos.

For our Congress Banquet, we will have the signing of the Manila Declaration wherein the AOFOG Country will promote the advocacy on cervical cancer prevention and elimination. Mr. Ogie Alcasid and Ms. Jaysee will provide the entertainment for the evening.

The BOT and the Regional Directors from 2015 to present have been very supportive of the AOFOG Congress as it would once again catapult POGS in the international limelight. I would like to thank the POGS secretariat for working hard in ensuring the success of this convention.

I cannot thank enough my organizing committee for giving it all in this endeavor.

A Promise delivered.
My Personal Appeal...

I would like to ask each member of POGS to partipicate in AOFOG Congress 2019 in Manila - A lot to gain.

All for the glory of POGS.

Let us showcase our expertise and hospitality to the international community as a society.

To our international colleagues, we are all very excited to host AOFOG 2019 in Manila and prove once more that it’s more fun in the Philippines!!

“To our international colleagues, we are all very excited to host AOFOG 2019 in Manila and prove once more that it’s more fun in the Philippines!!”

Back
From the Journal of Obstetrics and Gynecological Research
(The AOFOG Journal)

Editor’s choice articles from Issue 8 are as follows;

1. Original Article
Clinical pregnancy after deceased donor uterus transplantation: Lessons learned and future perspectives.
Roman Chmel; Zlatko Pastor; Marta Novackova; Jan Matecha; Milos Cekal; Jiri Fronek
Pages: 1458-1465 | First Published: 6 May 2019

2. Original Article
Hysteroscopic morphological pattern reflects histological grade of endometrial cancer
Taito Miyamoto; Kaoru Abiko; Ryusuke Murakami; Yoko Furutake; Tsukasa Baba; Akihito Horie; Junzo Hamanishi; Masaki Mandai
Pages: 1479-1487 | First Published: 9 May 2019

3. Original Article
Risk factors for abnormal postpartum glucose outcome in women with gestational diabetes mellitus diagnosed by modified The International Association of the Diabetes and Pregnancy Study Groups criteria
Teng Wang; Wei Zheng; Wenyu Huang; Li Zhang; Zhihong Tian; Ting Zhang; Qi Yan; Guanghui Li
Pages: 1545-1552 | First Published: 10 June 2019

JOGR issue 8 has been published and Editor's choice has been updated here; https://obgyn.onlinelibrary.wiley.com/toc/14470756/current
We hope these articles will be useful as references and updates for our members.

Contact us at
Secretariat- Asia Oceania Federation of Obstetrics & Gynaecology,
‘SLCOG House’, 112, Model Farm Road, Colombo 8, Sri Lanka.
E-mail: secretariat@aofog.net  web: www.aofog.net
ORGANIZING COMMITTEE AOFOG CONGRESS 2019

MARIO A. BERNArdino, MD –President
CHRISTIA S. PADOLINA, MD - Congress President & POGS Vice –President
BENJAMIN D. CUENCA, MD –POGS Board Secretary
BRENDA BERNADETTE B. ZAMORA, MD – Congress Secretary
JERICHO THADEDEUS P. LUNA - Congress Treasurer
MA. SOCORRO M. SOLIS –POGS P.R.O
WALFRIDO W. SUMPAICO, MD - Congress Adviser
DITAS CRISTINA D. DECENA, MD - Congress Adviser
BLANCA C. DE GUIA-FUERTE, MD - Congress Adviser
ELISA 0. TIU, MD - Congress Adviser

SUSAN PALEA-NAGTLON, MD
MARIA JULIETA V. GERMAR, MD
ANGELITO DL MAGNO, MD
RYAN B. CAPITULO, MD
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MARJORIE I. SANTOS, MD
ROSEMARIE P. TIBURCIO, MD
DEBBY P. SONGCO, MD
CATHERINE JOIE CARELLE R. ONG, MD
MARIBEL EMMA CO-HIDALGO, MD
MARLENE R. JAVIER, MD
ANA VICTORIA V. DY ECHO, MD
MARINELLA AGNES G. ABAT, MD
MARIA JESUSA BANAL-SILAO, MD

Chairs and Co-Chairs:

Scientific Programme
ANIELA S. AGUILAR, MD
Anna katrina I. sobrichea, MD
Abstract Submission
Jennifer O. Madera, MD
Accommodations
Joanne Karen S. Aguinaldo, MD
YGA Immersion Program
Ma. Socorro C. Bernardino, MD
Physical Arrangement
Erwin R. De Mesa, MD
Documentation
Carolina Paula C. Martin, MD
Exhibits
Amity Casurao-Trono, MD
Hospitality & Tours
Olivia Jane Chua-Fernandez, MD
Publicity & Promotions
Emmanuel L. Dagala, MD
Registration
Zeny M. Malilay, MD
Socials
Clariissa L. Velayo, MD
Souvenir Program
Christopher Joseph L. Soriano, MD
Sports
Jericho Thadeeus P. Luna, MD
Ways & Means
Download our event app with 5 easy steps!

1. Download the MSD Meetings mobile app from the App Store or Google Play Store.
2. Search for your event on the app.
3. Enter the event password to download the event details.
4. Access the Menu Button at the Upper Left Corner of the Screen. Click Log In for More Features! Enter your Name and valid email address.
5. Verify your account using the 4-digit verification code sent to your e-mail.

You have now full access to the event.
**PRE-CONGRESS ACTIVITIES**

- **MEET THE EXPERTS: GYNECOLOGIC ULTRASOUND FOR THE CLINICIANS – APPROACH TO DIAGNOSIS AND MANAGEMENT**
  - Philippine Society of Ultrasound in Obstetrics and Gynecology (PSUOG)
- **OBSTETRIC ANAL SPHINCTER INJURIES: OASIS HANDS-ON WORKSHOP**
  - Philippine Society for Urogynecology and Reconstructive Pelvic Surgery (PSURPS)
- **INTRODUCTION OF ENERGY-BASED TREATMENT OF COMMON GYNECOLOGIC DISEASES**
  - Aesthetic Gynecology Society of the Philippines, Inc. (AGSPI)
- **MANAGING INFERTILITY**
  - Philippine Society for Reproductive Medicine (PSRM)
- **AS EASY AS 1-2-3: ACLINICIAN’S GUIDE TO PEDIATRIC GYNECOLOGY**
  - Pediatric and Adolescent Gynecology Society of the Philippines (PAGSPHL)
- **MASTER’S CLASS OF SURGICAL SITE INFECTION: PREVENTION AND MANAGEMENT**
  - Philippine Infectious Diseases Society for Obstetrics and Gynecology (PIDSOG)
- **PSEG ADDENDUM WORKSHOP IN MIGS**
  - Philippine Society of Gynecologic Endoscopy (PSEG)
- **UPDATES IN THE MANAGEMENT OF COMMON OBSTETRIC COMPLICATIONS**
  - Philippine Society of Maternal Fetal Medicine (PSMFM)

**SCIENTIFIC TOPICS**

- Boethics
- Contraception and Maternal Health
- Empowering Obstetricians and Gynecologists for Cervical Cancer Prevention and Control
- Environment and Maternal Health
- Gynecology Oncology
- Immunization for Women: Special Populations
- Maternal and Fetal Medicine
- Maternal and Perinatal Death Surveillance and Response
- Medico Legal
- Patient Safety
- Postpartum Hemorrhage: Current Best Evidence
- Postpartum Hemorrhage: Principles of Management
- Practice Issues for the OB-GYN
- Preterm Labor
- Preventing Maternal Mortidity
- Reproductive Medicine
- Respectful Care
- The Science of Menopause
- Ultrasound Beyond Diagnostics
- Ultrasound in Gynecology
- Urogynecology

**SPECIAL SYMPOSIA**

- AOGIN – Asia-Oceana Research Organization in Genital Infection and Neoplasia
- AOSPAG – Asian Oceanic Society for Paediatric and Adolescent Gynecology
- APACE – The Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy
- APUGA – The Asia-Pacific Urogynecology Association
- ASEAO – Asian Society of Endometriosis and Adenomyosis
- ASPIRE – The Asia-Pacific Initiative on Reproduction
- FAOPS – Federation of Asian and Oceania Perinatal Societies
- FIGO – International Federation of Gynecology and Obstetrics
- FOGSI – Federation of Obstetric and Gynecological Societies of India
- JHIPEOG – Johns Hopkins Program for International Education in Gynecology and Obstetrics
- OGSB – Obstetrical and Gynecological Society of Bangladesh
- PIDSOG – Philippine Infectious Diseases Society for Obstetrics and Gynecology
- PSSTD – Philippine Society for the Study of Trophoblastic Diseases
- PSRUPS – Philippine Society of Urogynecology and Reconstructive Pelvic Surgery
- RCOG – Royal College of Obstetricians and Gynaecologists
- SAFOG – South Asian Federation of Obstetrics & Gynecology
- WGO – World Gynecology Organization

**SPECIAL TOPICS**

- Bringing Life to Life: From Preconception to Menopause
- Chasing Challenges in Women’s Health (Fertility, Reproduction and Parturition)
- Diabetes Mellitus in Pregnancy
- Driving Maternal Immunization as a Standard of Care
- Extraordinary Nutrition, Craving for the Future
- SOFIA: Vaccination Pearls Across a Woman’s Lifespan
- Women’s Health Matters

**EXPERT PANELS**

- PCOS: New Guidelines – How Good are They?
- Surgical Management of Postpartum Hemorrhage
- Emerging Options in the Management of Myoma and AUB
- Improving Safe Obstetric Surgical Care: Lessons from Safe Surgery 2020

**DEBATES**

- Cervical Cancer Control: HPV Screening and Vaccination is Superior to Screening and Early Treatment
- Controversies in Urogynecology
- HRT and Menopause
PLENARY SPEAKERS

Dr Ravi Chandran (Malaysia)

Prof Mario Philip Festin (Philippines)

Prof Tasuku Harada (Japan)

Prof Neville Hacker (Australia)

Sir Sabaratnam Arulkumaran (UK)

Prof Lesley Regan (UK)

Dr Michael Robson (Ireland)

Prof Haywood Brown (USA)

Prof Liona CY Poon (HK)

Prof Carlos Eduardo Fuchtnner (Bolivia)

Dr Christine Tippett (Australia)

Prof Eva Chalas (USA)

Prof Walfrido Sumpaico (Philippines)
# REGISTRATION

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## ATTENTION:

**LOCAL DELEGATES**, Kindly prepare RFID cards for presentation at the Registration Counters. For lost or unavailable RFID cards, please proceed to the AOFOG Help Desk.

**INTERNATIONAL DELAGATES**, kindly prepare Congress Registration Confirmation Letter or any identification card to be presented at the Registration Counters.

**Registration schedule:**
- November 10, 2019 (Sunday): 1-5pm
- November 11, 2019 (Monday): 7am-5pm
- November 12, 2019 (Tuesday): 7 am - 5 pm
- November 13, 2019 (Wednesday): 7am-5pm
- November 14, 2019 (Thursday): 8 am-2 pm

## REGISTRATION RATES:

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<td><strong>Non-POGS Physicians</strong></td>
<td>USD 400</td>
<td>USD 450</td>
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<tr>
<td>Trainee (Fellows &amp; Residents)/Nurse/Medical Student/Allied Health Professionals*</td>
<td>USD 250</td>
<td>USD 300</td>
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</tr>
<tr>
<td>Accompanying Person</td>
<td>USD 200</td>
<td>USD 250</td>
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<tr>
<td>Congress Banquet</td>
<td>USD 60</td>
<td>USD 60</td>
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<tr>
<td>Welcome Reception/Fellowship Night</td>
<td></td>
<td>Complimentary</td>
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**International Delegates**

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<tbody>
<tr>
<td>Physician</td>
<td>USD 500</td>
<td>USD 600</td>
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</tr>
<tr>
<td>Trainee (Fellows &amp; Residents)/Nurse/Medical Student/Allied Health Professionals*</td>
<td>USD 300</td>
<td>USD 350</td>
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</tr>
<tr>
<td>Accompanying Person</td>
<td>USD 200</td>
<td>USD 250</td>
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<tr>
<td>Congress Banquet</td>
<td>USD 100</td>
<td>USD 100</td>
<td></td>
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<tr>
<td>Welcome Reception/Fellowship Night</td>
<td></td>
<td>Complimentary</td>
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</table>
PICC Room Assignments

Plenary Sessions:
Plenary Hall

Overflow Room:
Reception Hall

Simultaneous Sessions:
2nd floor – MR 2,3,4,5,6,7,8
3rd floor – MR 1,10,11,12,14
4th floor – Summit Hall C & D, E & F

Free Communications:
MR 7,8,D Series 306-309

Poster Area:
Executive Lounge

POGS President’s Hour:
Plenary Hall
November 12, 2019, 8:00-9:00 am

POGS Business Meeting:
Reception Hall
November 12, 2019, 11:30 am- 1:00pm

POGS Elections:
Banquet Hall
November 13, 2019, 8:00am – 2:00pm

AOFOG FOOD DISTRIBUTION AREAS:
1. Hapag Kainan at The Bridgeway
2. Hapag Kainan at The Courtyard
3. Food Kiosk at The Executive Lounge
4. Food Kiosk at The Third
POGS Opening Ceremonies
1500 – 1900 hours, Sunday, 10 November 2019
Meeting Room 1, PICC
Attire: Business Attire

POGS Welcome Reception (RSVP)

AOFOG President’s Night (by invitation only)
“One Asia Oceania”
1700 – 2230 hours, Monday, 11 November 2019
Mindanao Ballroom, Sofitel Philippine Plaza Manila
By invitation only
Attire: Modern Filipiniana

AOFOG Opening Ceremony
1630 – 1830 hours, Tuesday, 12 November 2019
Plenary Hall, PICC
All participants are invited

AOFOG Welcome Reception and Fellowship Night
“Festival of Festivals”
1830 hours onwards, Tuesday, 12 November 2019
Reception Hall, PICC
All delegates are invited
Attire: Smart Casual
CONGRESS BANQUET

Dinner and mini concert featuring Mr. Ogie Alcasid and Ms. Jaya
Witness the launching of the Manila Declaration:
Call to Action Against Cervical Cancer
by invitation and ticket only “first registered, first served”
(100 USD – Foreign Delegates, 60 USD - Local Delegates)
November 13, 2019 Wednesday, 1800H
Grand Ballroom SOFITEL
Attire: Modern Filipiniana

AOFOG CLOSING AND TURNOVER CEREMONIES

1300 – 1500 hours, Thursday, 14 November 2019
Meeting Room 1, PICC
All delegates are invited

POGS CLOSING CEREMONIES

1500 hours onwards, Thursday, 14 November 2019
Reception Hall, PICC
Attire: Traditional Filipiniana
ACCOMMODATIONS

Sofitel Manila
Philippine Plaza Manila
(Speakers’ Hotel)

Diamond Hotel

New World Hotel

Pan Pacific Hotel

Hotel Jen

Century Park Hotel

Rizal Park Hotel

Hotel 101

NOBU Hotel

Conrad Hotel

TRYP by Wyndham

Manila Hotel
AOFOG 2019 Congress Shuttle Service: Ride with us!

COMMITTEE ON HOSPITALITY & TOURS
SHUTTLE ROUTES
Hotels with Shuttle Services provided
PICK UP/DROP OFF: Hotel to PICC to hotel

ROUTE 1
1. Sofitel Manila Official Convention Hotel

Partner Hotels:

ROUTE 2
2. Diamond Hotel
3. New World Hotel
4. Pan Pacific Hotel

ROUTE 3
5. Century Park Hotel
6. Hotel Jen

ROUTE 4
7. Manila Hotel
8. Rizal Park Hotel

ROUTE 5
9. NOBU
10. Conrad Manila
11. Hotel 101
12. TRYP by Wyndham

SHUTTLE SERVICE INFORMATION

PICK UP time from HOTELS to PICC (November 11-14)
7 AM to 10 AM only

PICK UP time from PICC to Hotels (November 11-14)
2 PM to 4 PM only

Shuttles available during POGS Opening & Welcome Reception, Closing Ceremonies / AOFOG Opening / Fellowship Night / AOFOG Turnover

Congress Banquet
LIMITED shuttles available
First come first served basis
See routes available
“Outrun Cervical Cancer, Takbo na!”

Date: November 10, 2019 (Sunday)
Venue: CCP grounds
Run category:
3K / 5K / 10K
LIWASANG ULALIM, CCP COMPLEX

FOR THE BENEFIT OF:
"I LIVE" Cervical Cancer Support Group
Kabalikat Foundation (JRMMC)
PGH’s Cancer Survivor’s Organization
EXHIBITS:
VENUE: PICC Forum
FORMAL OPENING: NOVEMBER 11, 2019, 1:00PM
EXHIBIT AREA WILL BE OPEN ON
NOVEMBER 12-14, 2019 FROM 7AM-6PM
STRICTLY No ID No entry

SS Ratnam - Young Gynecologist Award
and AOFOG 2019 Community Fellowship Programme

POGS welcomes 39 recipients of the S S Ratnam Young Gynaecologist Award (YGA) for 2019. This award enables promising young Obstetricians and Gynaecologists from all the member countries of the Asia and Oceania region to attend the congress of the AOFOG. Among this year’s awardees, 28 will participate in the Community Fellowship Programme entitled “Philippine Obstetrical and Gynaecological Society (POGS) 2019 International Leadership Training Program in Maternal Health.”

YGA activities:

Module 1: Leadership in Maternal Health (UST, FEU)
Module 2: Maternal Health in Asia and Oceania (DOH, WHO)
Module 3: Best Practices for Leaders in Maternal Health (Faberla Hospital, PGH, SLMC Global)
Module 4: Maternal Health Promotion and Education (UERM, MCU)
Module 5: Maternal Health Promotion in the Community (Bataan General Hospital with POGS Region 3)
BOOK YOUR TOURS NOW!

SICOGON

MANILA

CEBU

PUERTO PRINCESSA

BOHOL

EL NIDO

BORACAY

CORON

SIARGAO

Rajah Tours Philippines

Suite 801 Ma. Natividad Building, 470 T.M. Kalaw corner Cortada Sts., Ermita, Manila, Philippines
Tel Nos. +63 (02) 5220541 to 48 | US Line: +1 4154831950
Email: inquiry@rajahtours.com.ph
GENERAL INSTRUCTIONS:
- An authorized representative must present his/her valid ID, authorization letter and POGS RFID card of the pre-registered delegate.
- Senior Members who need physical assistance will be given a free ID for their companion.
- Accompanying persons of physically challenged delegates will be allowed in lecture halls, luncheon symposia, Fellowship Night, and Closing Ceremonies, provided they have obtained special permits from the Registration Committee.
- The RFID card is required for entry into the Plenary Sessions, Simultaneous Sessions, Business Meeting (for MEMBERS only) and Exhibit Halls.
- Replacement for lost Annual Convention ID and RFID card will be charged Php 1,000.00 or USD 20.00.
- Only one Souvenir Program will be given per POGS training hospital.
- The Certificate of Attendance with CPD units will be issued online. It can be downloaded through the AOFOG website, www.aofog2019.com, two weeks after the Congress.

REMINDERS
- NO RFID, please proceed to RFID Help Desk at lower lobby of PICC prior to Registration.
- Plenary Sessions will be held at the Plenary Hall.
- Reception Hall will be the overflow room to allow everyone to be seated.
- No food or drinks will be allowed in the Plenary Hall.
- Snacks and Lunch will be served at the Upper Mezzanine Bridgeway, Reception Hall, Executive Lounge (2nd floor Secretariat Bldg.) and 3rd floor lobby outside MR 1.
- Meal stubs will be collected for snacks and lunch (including pharma sponsored Luncheon Symposia) and Fellowship Night
- For paid tickets to the Congress Banquet, please collect at the AOFOG Help Desk at lower lobby of PICC.
Meet the Experts: Gynecologic Ultrasound for The Clinicians
Approach to Diagnosis and Management

Ultrasound Image of an Ovarian Mass Mimicking Pelvic
Koch’s and Tubo-Ovarian Abscess

Pelvic Masses in Children and Adolescents
Pelvic Koch’s and Pelvic Inflammatory Disease: Diagnosis,
Evaluation and Treatment

Ovarian Malignancy: Oncologist’s Point of View
What are the differentiating sonographic characteristics of
ovarian carcinoma, pelvic Koch’s infection and tubo-ovarian
abscess?

Ultrasound Image of Endometrial Cancer with Cervical and
Myometrial Involvement

Endometrial Cancer: Ultrasound Assessment of Myometrial
and Cervical Infiltration

Endometrial Cancer: Beyond Measuring the Endometrial
Thickness. Will Management Change?

11 NOVEMBER 2019 (MONDAY)
Philippine International Convention Center (PICC)
08:00 AM – 12:00 PM

REGISTRATION FEE:
US$ 60

For more information please Contact PSUOG Secretariat
Ms. Thess V. Centeno
Ms. Nette D. Santos
Telephone No. 02 9285304
Psuog.sec@gmail.com
OASIS Repair Workshop

HANDS-ON TRAINING USING PORCINE MODEL

Anatomy and Physiology of the Anal Sphincter Complex
Diagnosis and Classification of OASIS
Techniques of Primary OASIS Repair
Post-operative Management after OASIS repair
Complications of OASIS Repair

11 November 2019
8:00 a.m. to 12:00 noon

Registration Fee:
US$ 80 (Residents)
US$ 100 (Local Consultants)
US$ 150 (Foreign Delegates)
US$ 200 (On-site Registration)

FOR MORE INFORMATION, PLEASE CONTACT PSURPS:
Dr. Maria Teresa C. Luna
Dr. Almira J. Amin-Ong
Email: psurps@gmail.com
Proudly Present:

Perfecting Your Practice For Improving Patient Pelvic Health with LASER TECHNOLOGY

Featuring:

Dr. Adrian Gaspar
Multi-Awarded World-Famous Gynecologist
Erbium YAG Laser in the Treatment of Genito-Urinary Syndrome of Menopause

Powerhouse Lineup of Lectures:

Dr. Jennifer Marie B. Jose
Fractional CO2 Laser in the Treatment of Lichen Sclerosus

Dr. Felice Regina I. Aportadera
Radiofrequency in the Management of Symptomatic Vaginal Looseness

DATE       TIME       VENUE
November 11, 2019     8:00 AM - 1:00 PM     Meeting Room 11, PICC

CONTACT: Rachelle (0917-865-9416)

ONLINE REGISTRATION IS NOW OPEN!
aofog2019.com
PSRM session for AOFOG Pre-congress 2019

MANAGING INFERTILITY
BRIDGING EVIDENCE AND PRACTICE

11 November 2019 | PICC Meeting Room 12 | 150 slots only

SCIENTIFIC PROGRAM

0730 - 0800 Registration

0800 - 0815 Invocation
Welcome remarks
Course orientation

Dr. Chrysa G. Tenangon
Dr. Madonna Victoria C. Domingo

SESSION 1
Chair: Dr. Na. Asuncion A. Fernandez

0830 - 0900 Periconceptional health: Reasoning the DOs and DON Ts
Prof. G. do Gama Mattner

0900 - 0930 Insulin resistance in PCOS: What does evidence and international guidelines tell us?
Prof. Budi Wibowo

0930 - 1000 Strategies in ovulation induction ART
Prof. Ben W. Mol

1000 - 1030 Snack symposium: Local flushing for infertility: What is the evidence?
Prof. Ben W. Mol

SESSION 2
Chair: Dr. Debbie Dy-Maguio

1030 - 1100 Recent advances in male subfertility
Prof. Virgilio M. Novaera Jr.

1100 - 1130 Treating endometriosis in infertile women: Is there any promising approach in sight?
Prof. Sun Wei Guo

1130 - 1200 ART in endometriosis patients
Prof. Natake Oga

1200 Closing remarks
Dr. Minelita Apena G. Anot

REGISTRATION FEE
USD 50

Only open to delegates registered in the Main Congress
150 slots available on a “first registered, first served” basis
Register ONLINE at http://www.pagsinc.org

Back
AS EASY AS 1,2,3

A Clinician's Guide to Pediatric Gynecology

Lecture Workshops:

- Gynecologic examination for neonates to adolescents
- Evaluation and management of sexual abuse
- Pediatric vaginoscopy: tips and tricks

November 11, 2019
Monday 8AM-12NN
Venue: PICC Meeting Room 11
1300 - 1330  Prevention of SSI: The Perioperative Bundles of Care (Lecture)
   Maria Angela R. Bandola, MD, FPOGS (Philippines)

1330 - 1400  All About Sutures: A Second Look at Their Characteristics and Indications (Lecture)
   Guadalupe N. Villanueva, MD, FPOGS (Philippines)

1400 - 1430  Best CS Closure Techniques: Old and New (Lecture)
   Ricardo M. Manalastas, Jr., MD, FPOGS (Philippines)

1430 - 1500  Wound Rounds: The Patient, The Wound and the Dressing (Lecture)
   Martha Millar-Aquino, MD, FPOGS (Philippines)

1500 - 1600  Science of Tissue Management: Invisible Scar (Lecture)
   Albert Bosch Leon, MD (Spain)

1600 - 1700  Workshop on Suturing
PSGE PRE-Congress 2019

SCIENTIFIC PROGRAM

12:30 - 16:30
Didactics

15:30 - 16:00
Hands-on workshop in Hysteroscopy and Laparoscopy

Open to PSGE Fellows / Members / Affiliates* and Foreign delegates
Equivalent to one case of TCRM of Step 3

* Local registrants: PSGE Step 1 is a pre-requisite

FEATURED FACULTY

APref. Yale Tai Fong
Bhayadre

Prof. Rene Fernandez
Presa

psge@bvm@yahoo.com.ph
+632 3325251 | +63517 8918931 | +63925 7712234
UPDATES IN THE MANAGEMENT OF COMMON OBSTETRIC COMPLICATIONS

1:00 - 1:30 PM  The Role of Probiotics in Preterm Labor
Walfrido W. Sumpaico, MD

1:30 - 2:00 PM  Management of Acute Hypertension
Ma. Victoria V. Torres, MD

2:00 - 3:00 PM  Postpartum Hemorrhage and The Choice of Oxytocics
Sir Sabaratnam Arulkumaran, MD

3:00 - 3:30 PM  Active Management of Labor
Michael S. Robson, MD

3:30 - 4:00 PM  Elective Induction of Labor at 39 weeks
Tony Tan, MD

4:00 - 5:00 PM  General Forum

Strengthening the road to women’s health. Reaching new heights.

AOFOG CONGRESS MANILA
The 26th Asia and Oceania Federation of Obstetrics and Gynaecology Congress
10-14 November 2019

PRE-Congress Registration:
50 USD, LIMITED TO 132 SLOTS

Banquet Hall
2nd Floor, PICC